



Outdoor Class Schedule

Week of June 1st - June 7th

Monday

Get After It Spin: Melissa 8:00 am
Back At It Body: Melissa 9:30 am
Zumba: Erin 6:00 pm

Tuesday

Beats Body Cycle: Tara 8:00 am
Yoga: Kathleen 9:30 am
Strength: Dave 5:00 pm

Wednesday

Back At It Body: Melissa 8:00 am
Hip Hop Spin: Bridgette 6:30 pm

Thursday

Yoga: Jen 8:00 am
Zumba: Allison 9:30 am
HIIT Strong: Beth 5:00 pm

Friday

Beats Body Cycle: Tara 8:00 am
Total Body Solution: Tara 9:30 am

Saturday

Yoga: Jen 7:00 am
HIIT Strong: Beth 8:30 am
Dance Fixx: Lori Ann 10:00 am

Sunday

Power Trax Spinning: Gina 7:30 am
Pilates: Maria 9:00 am
Total Body Solution: Tara 10:30 am